

The Physician Pharmacist: Virology/Antimicrobials/Antivirals

Virology:

Viral Genetics:

1. Recombination:

-exchange of genes btw 2 chromosomes by crossing over within regions of significant base sequence homology

2. Reassortment:

-viruses w/ segmented genomes (Influenza) exchange genetic material (H1N1 pandemic emerged via complex viral reassortment of genes)
-Has potential to cause Antigenic Shift

3. Complementation:

-when 1 of 2 viruses that infect the cell has a mutation that results in a nonfunctional protein → the non mutated virus "Complements" the mutated one by making a functional protein that serves both viruses
-ex.) HepD requires presence of replicating HepB virus to supply HBsAg (the envelope protein for HDV)

4. Phenotypic Mixing:

-occurs w/ simultaneous infxn of cell w/ 2 viruses
-for progeny 1, genome of virus A can be partially or completely coated (Forming Pseudovirion) w/ the Surface proteins of Virus B
-Type B protein coat determines the tropism (infectivity) of the hybrid virus
-aka Virus A progeny 1 has Type A genetic material but a hybrid coat of Virus B (the progeny the progeny will only make Virus A with no hybrid coat b/c a new cell will likely not be coinfectd w/ Virus A and B

DNA Viral Genomes:

-All DNA viruses have dsDNA genomes (except Parvoviridae (ssDNA))

-All are Linear except Papilloma, Polyoma and Hepadnaviruses (Circular)

RNA Viral Genomes:

-All RNA viruses have ssRNA genomes except

Reoviridae (dsRNA) - Reovirus

-(+) stranded RNA Viruses:

- Retrovirus, Togavirus, Flavivirus, Coronavirus, Hepevirus, Calicivirus, Picornavirus

Naked Viral Genome:

-Purified nucleic acids of most dsDNA (except Poxviruses + HBV) and (+) Strand ssRNA viruses are infectious

-Naked nucleic acids of (-) strand ssRNA and dsRNA viruses are NOT infectious (Require Polymerases contained in the complete virion)

Viral Envelopes:

-generally enveloped viruses acquire their envelopes from plasma membrane when they excite from cell
(Exception = Herpesviruses - which get membranes from Nuclear membrane)

-Enveloped DNA Viruses:

- Herpesvirus (Nuclear membrane)
- Hepadnavirus
- Poxvirus

-Naked (Nonenveloped)

- Papillomavirus
- Adenovirus
- Parvovirus
- Polyomavirus
- Calicivirus
- Picornavirus
- Reovirus
- Hepevirus

DNA Virus Characteristics:

-H2AP4 = Hepadna, Herpes, Adeno, Pox, Parvo, Papilloma, Polyoma

-All double stranded (except Parvo - ssDNA)

-All have linear genomes (except Papilloma/Polyoma (Circular/supercoiled and Hepadema (Circular, incomplete)

-All are icosahedral (except Pox - complex)

-Replicate in Nucleus (except Pox - carries own DNA-dependent RNA Polymerase)

DNA Viruses:

-All replicate in the Nucleus (Except Pox)***

-"Pox is out of the box (nucleus)"

1. Herpesviruses:

-Enveloped
-dsDNA
-Linear

2. Poxvirus:

-enveloped
-dsDNA
-Linear (**Largest DNA Virus**)

- **Smallpox** = eradicated worldwide w/ Live attenuated vaccine (Sabin) or Salk (Inactivated Polysaccharide)
- **Cowpox** = "Milkmaid Blisters"
- **Molluscum Contagiosum** = Flesh-colored papule w/ central umbilication

3. Hepadnavirus:

-Enveloped
-dsDNA partially + **Circular*****

-HBV = acute or chronic hepatitis (not a retrovirus but has Reverse Transcriptase)

4. Adenovirus:

-NOT enveloped***

-dsDNA
-Linear

- **Febrile Pharyngitis** - sore throat
- **Acute Hemorrhagic Cystitis**
- **Pneumonia**
- **Conjunctivitis** - "Pink Eye"
- **Gastroenteritis**
- **Myocarditis**

5. Papillomavirus:

-No envelope
-dsDNA
-Circular

- **HPV** - warts, (1,2, 6, 11), Cancer (16, 18)

6. Polyomavirus:

-No envelope
-dsDNA
-Circular

- **JC Virus= PML** in HIV
- **BK Virus=** transplant pts (often Kidneys)

7. Parvovirus:

-No envelope

-SS-DNA, Linear, **Smallest DNA virus*****

- **B19** = aplastic crisis in Sickle Cell, “Slapped Cheek” in Children (Erythema Infectiosum/ Fifth Disease)...infects RBC precursors + endothelial cells → RBC destruction → Hydrops Fetalis + Death of Fetus, Pure RBC Aplasia, and Rheumatoid Arthritis

-Binds **P-antigen on RBCs** to gain entry

Herpesviruses:

-Enveloped

-dsDNA

-Linear

1. Herpes Simplex Virus-1 (HSV1):

-Respiratory secretions/saliva transmission

-dxs:

- **Gingivostomatitis** (mouth sores)
- **Keratoconjunctivitis**
- **Herpes Labialis (Cold Sores)**
- **Herpetic Whitlow on Finger**
- **Temporal Lobe Encephalitis**
- **Esophagitis**
- **Erythema Multiforme**

-Most commonly latent in Trigeminal Ganglia**

-Most common cause of **Sporadic encephalitis**, can present as altered mental status, seizures, and/or aphasia

2. Herpes Simplex Virus-2 (HSV2):

-Sexual contact, perinatal transmission

-dxs:

- **Herpes Genitalis**
- **Neonatal herpes**

-Most commonly latent in Sacral Ganglia***

-Viral meningitis more common w/ HSV2 than HSV1

3. Varicella-Zoster Virus (HHV-3):

-Respiratory secretions, contact w/ fluid from vesicles

-dxs:

- **Varicella-Zoster (Chickenpox, Shingles)**
 - Post-herpetic Neuralgia
- **Encephalitis**
- **Pneumonia**

-Latent in **dorsal root or trigeminal ganglia**

-**CN V1** branch involvement can cause “Herpes Zoster Ophthalmicus” - shingles of the eye/face

4. Epstein-Barr Virus (HHV-4):

-Respiratory secretions, saliva “Kissing Disease”

(common in teens, young adults)

-dxs:

- **Mononucleosis (Mono)** = fever, hepatosplenomegaly, pharyngitis, lymphadenopathy (posterior cervical nodes***)
 - No contact sports until resolution
 - risk of Splenic Rupture
- **Lymphomas** (Burkitt’s Lymphoma, Nasopharyngeal Carcinoma - Asian Adults, Lymphoproliferative disease in Transplant)

-Infects **B-Cells via CD21**

-“Must be 21 to drink Beer in a Barr”

-Atypical Lymphocytes on peripheral smear (not B-cells, but reactive cytotoxic T-cells)

-**(+) Monospot Test** = heterophile antibodies detected by agglutination of sheep/horse RBCs

-Use of **Amoxicillin** (for presumed Strep Pharyngitis) causes **Maculopapular Rash**

5. Cytomegalovirus(CMV) (HHV-5):

-Congenital CMV, Transfusion, sexual contact, saliva, urine, transplant, = binds to **Integrins** (Heparan Sulfate)

-dxs:

- **Mononucleosis (Mono)** but (-) **Monospot**
- Immunocompromised:
 - CMV Pneumonia
 - CMV Esophagitis
 - **CMV AIDS Retinitis** = Hemorrhage, cotton-wool exudates + vision loss
- **Congenital CMV**

-Infected cells have “**Owl Eye**” **Intranuclear Inclusions**

-Latent in Mononuclear Cells (bone marrow)

6/7. Human Herpes Viruses 6 and 7 (HHV6, HHV7):

-Saliva transmission

-dxs:

- **Roseola Infantum** = exanthem subitum
 - High fevers for several days causing **Seizures**
 - Followed w/ diffuse Macular Rash (starting on Trunk → spreading to extremities)
 - Children < 2 yo

-”**Roseola: Fever First, Rosy (Rash) Later**

-Self-limiting (often supportive care only - if seizures)

-HHV7 = less common cause of Roseola

8. Human Herpesvirus 8 (HHV8):

-Sexual contact spread

-dxs:

- **Kaposi Sarcoma:**
 - Neoplasm of endothelial cells
 - Seen in HIV/AIDS + Transplant
 - Dark/Violaceous Plaques/nodules demonstrating vascular proliferations

-may hit GI tract or lungs

HSV Identification:

-PCR of skin lesions is Test of Choice

-CSF PCR for Herpes Encephalitis

-Tzanck Test (outdated) - looking for multinucleated giant cells (commonly w/ HSV1, HSV2, VZV)

-Intranuclear Eosinophilic Cowdry A Inclusions also seen (HSV1, HSV2, VZV)

Receptors Used by Viruses:

- **5. CMV = Integrins (Heparan Sulfate)**
- **4. EBV = CD21**
- **HIV = CD4, CXCR4, CCR5**
- **Parvovirus B19 = P antigen on RBCs**
- **Rabies = Nicotinic AChR**
- **Rhinovirus = ICAM-1**
 - “ICAM to see Rhino”

RNA Viruses	Envelope	RNA Structure	Capsid Symmetry	Dx/Notes
Reoviruses	no	dsRNA Linear Multisegmented	Icosahedral (Double)	<ul style="list-style-type: none"> ● Coltivirus = Colorado Tick Fever ● Rotavirus = fatal diarrhea in children
Picornaviruses "Small RNA Virus"	no	ssRNA (+) Linear RNA is translated into 1 large polypeptide that is cleaved by virus-encoded proteases into functional viral proteins	Icosahedral	PERCH <ul style="list-style-type: none"> ● Poliovirus = Salk/Sabin Vaccines, Aseptic Meningitis* ● Echovirus = Aseptic Meningitis* ● Rhinovirus = "Common Cold" ● Coxsackievirus = Aseptic Meningitis*, Herpangina (Mouth blisters, Fever), Myocarditis, Pericarditis <ul style="list-style-type: none"> ○ Hand Foot Mouth Disease ● HAV = acute viral hepatitis
Hepevirus	no	ssRNA (+) Linear	Icosahedral	<ul style="list-style-type: none"> ● HEV = Hepatitis E
Caliciviruses	no	ssRNA (+) Linear	Icosahedral	<ul style="list-style-type: none"> ● Norovirus = Viral Gastroenteritis
Flaviviruses	YES	ssRNA (+) Linear	Icosahedral	<ul style="list-style-type: none"> ● HCV ● Yellow Fever ● Dengue ● St. Louis Encephalitis ● West Nile Virus = meningoencephalitis, flaccid paralysis ● Zika Virus
Togaviruses	YES	ssRNA (+) Linear	Icosahedral	Toga CREW: <ul style="list-style-type: none"> ● Chikungunya Virus = coinfection w/ Dengue Virus can occur ● Rubella ● Eastern Equine Encephalitis ● Western Equine Encephalitis
Retroviruses	YES	ssRNA (+) Linear 2 Copies	-Icosahedral (HTLV) -Complex and Conical (HIV)	Reverse Transcriptase Present <ul style="list-style-type: none"> ● HTLV = T-cell Leukemia ● HIV = AIDS
Coronaviruses	YES	ssRNA (+) Linear	Helical	<ul style="list-style-type: none"> ● "Common Cold" ● SARS ● MERS ● COVID-19

Orthomyxoviruses	YES	ssRNA (-) Linear 8 segments	Helical	<ul style="list-style-type: none"> • Influenza Virus
Paramyxoviruses	YES	ssRNA (-) Linear	Helical	PRMM: <ul style="list-style-type: none"> • Parainfluenza = Croup • RSV = Bronchiolitis in Babies • Measles • Mumps
Rhabdoviruses	YES	ssRNA (-) Linear	Helical	<ul style="list-style-type: none"> • Rabies
Filoviruses	YES	ssRNA (-) Linear	Helical	<ul style="list-style-type: none"> • Ebola • Marburg Hemorrhagic Fever = often fatal
Arenaviruses	YES	SS (+) and (-) Circular RNA w/ 2 segments	Helical	<ul style="list-style-type: none"> • LCMV = Lymphocytic Choriomeningitis Virus • Lassa Fever Encephalitis = Spread by rodents
Bunyaviruses	YES	ssRNA (-) Circular 3 segments	Helical	<ul style="list-style-type: none"> • California Encephalitis • Sandfly/Rift Valley Fevers • Crimean-Congo Hemorrhagic Fever • Hantavirus = hemorrhagic fever, pneumonia
Delta Virus	YES	ssRNA (-) Circular	Unknown	<ul style="list-style-type: none"> • HDV = defective virus that requires presence of HBV (dsDNA virus) to replicate

Negative (-)-Stranded Viruses:

-Must transcribe (-) RNA strand to (+) RNA
-Virion brings its own RNA-Dependent RNA Polymerase (**OPRFAB**)

- Orthomyxoviruses
- Paramyxoviruses
- Rhabdoviruses
- Filoviruses
- Arenaviruses
- Bunyaviruses

Segmented Viruses:

-All are RNA viruses

- **Bunyaviruses (3 segments)**
- **Orthomyxoviruses (Influenza, 8 segments)**
- **Arenaviruses (2 segments)**
- **Reoviruses (10-12)**

-"BOARding flight 382 in 10-12 minutes"

Rhinovirus:

-Picornavirus

-Nonenveloped RNA virus

-cause of "Common Cold"

- > 100 serologic types (No vaccine possible)

-Acid Labile → destroyed by stomach acid; so no GI tract sx (unlike other Picornaviruses)

Rotavirus:

-segmented dsRNA virus (Reovirus - #1 in chart)

-most important global cause of infantile gastroenteritis

-major cause of infantile gastroenteritis

-major cause of acute diarrhea in US during winter (especially w/ Day Care Centers, Kindergartens)

-Mech = Villous Destruction w/ Atrophy leads to absorption of Na⁺ and loss of K⁺

-Routine Vaccination of ALL infants (except those w/ SCID or hx of **Intussusception** (rare Rotavirus Vaccine Side effect))

Influenza Viruses:

-Orthomyxoviruses

-enveloped, (-) ssRNA w/ Segmented Genome

-**Hemagglutinin** (Binds Sialic acid and Promotes viral entry) + **Neuraminidase** (Promoting Progeny Virion Release) Antigens

-Pts at risk for fatal bacterial superinfection = S. aureus, Strep pneumo, H. influenzae

-Tx = Supportive +/- Neuraminidase Inhibitors (Oseltamivir, Zanamivir)

-Prevention = "Flu Shot" containing viral strains likely to appear during flu season (often Killed Viral Vaccine)

-Live attenuated vaccine (Intranasal) = contains temperature sensitive mutant that can only replicate in nose but NOT the lung

-**Sudden Shift is more deadly than Gradual Drift**

Genetic/antigenic Shift:

-Infection of 1 cell by 2 different segmented viruses (Swine flu + Human flu viruses) → RNA segment reassortment → dramatically different virus (Genetic Shift) → Major global outbreaks (Pandemic)

Genetic/Antigenic Drift:

-Random mutation in Hemagglutinin (HA) or Neuraminidase (NA) genes → minor changes in HA or NA protein (Drift) occur frequently → major global outbreaks (Pandemics)

Rubella Virus:

-Togavirus

-also known as **German (3-day) Measles**

-sxs = Fever, Postauricular lymphadenopathy, Arthralgias, Fine, Maculopapular rash starting on face + spreading **Centrifugally to involve trunk/extremities**

-**TORCH** Infxn = **Congenital Rubella**

1. **Sensorineural Deafness**
2. **Cataracts**
3. **Patent Ductus Arteriosus (PDA)**
4. **"Blueberry Muffin" Rash** from dermal extramedullary hematopoiesis*

Paramyxoviruses:

-cause dx in children

-**PRMM:**

- **Parainfluenza (Croup)**
- **RSV**
- **Measles**
- **Mumps**
- Human Metapneumovirus

-All subtypes cause Respiratory Tract Infection (Bronchiolitis, Pneumonia) in Infants

-All contain **Surface F (fusion) Protein** = causes respiratory epithelial cells to fuse + form multinucleated cells

-**Palivizumab** = monoclonal Ab against **F-protein** (Prevents pneumonia caused by RSV infxn in premature infants)

-**"Palivizumab for Paramyxovirus (RSV) Ppx in Premies"**

1. Acute Laryngotracheobronchitis: "Croup"

-caused by parainfluenza (paramyxovirus)

-virus membrane contains Hemagglutinin (Binds Sialic Acid and Promotes viral entry) + Neuraminidase (progeny release)

-**"Seal-like" barking cough + Inspiratory Stridor**

-Narrowing of upper trachea + subglottis leads to **Steeple Sign** on X-ray

2. Measles (Rubeola):

-prodromal fever w/ cough, coryza, conjunctivitis →

Koplik Spots (Bright red spots w/ blue-white center on buccal mucosa) → 1-2 days later w/ Maculopapular Rash (starts on head/neck and spreads downward)

-Lymphadenitis w/ **Warthin-Finkeldey Giant Cells** (Fused Lymphocytes) in a background **paracortical hyperplasia**

-Sequelae:

- Subacute sclerosing panencephalitis (SSPE) = personality changes, Dementia, Autonomic Dysfunction, Death (occurring years later)
- Encephalitis = within a few days of rash
- Giant Cell Pneumonia = rare unless immunosuppressed

-**4 C's:**

- **Cough**
- **Coryza**
- **Conjunctivitis**
- **"C"oplik Spots**

-**Vitamin A** supplementation can Morbidity/Mortality

-Pneumonia is most common cause of measles-associated death in children

3. Mumps:

-uncommon due to effectiveness of MMR vaccine

-sxs =

- **Parotitis**
- **Orchitis (Inflam of Testes) → Sterility**
- **Aseptic Meningitis**
- **Pancreatitis**

Chikungunya Virus:

-Alphavirus member of Togavirus

-**Aedes Mosquito**

-sxs = Inflammatory Polyarthrits (can become chronic), High fever, maculopapular rash, HA, Lymphadenopathy

-Hemorrhagic manifestations uncommon (vs. Dengue)

-ddx = RT-PCR or serology

-No Tx available and no vaccine

Dengue Virus:

-Flavivirus

-**Aedes Mosquito**

-most common mosquito-borne viral dx in world

-**Dengue Fever:**

- Fever, Rash, HA, Myalgias, Arthralgias, Neutropenia
- Similar sxs to Chikungunya virus (transmitted by same mosquito) but Dengue is more pathologic (progressing to Neutropenia, Thrombocytopenia, Hemorrhage, shock, death)

-**Dengue Hemorrhagic Fever:**

- Dengue Fever + Bleeding/Plasma Leakage due to thrombocytopenia + extremely high/low Hematocrit
- Seen in pts infected with a different Dengue serotype compared to a previous dengue infection (leading to Antibody-Dependent Enhancement of Dx)

-**Dengue Shock Syndrome:**

- Plasma Leakage leading to circulatory collapse

-**vaccine = Live Recombinant** (using Yellow Fever virus backbone)

Rabies Virus:

-Rhabdovirus

-Bullet-Shaped Virus

-**Negri bodies** (Cytoplasmic Inclusions) found in

Purkinje Cells of Cerebellum and Hippocampal Neurons

-Long incubation period (Weeks/Months) before sxs onset

-Postexposure PPx is wound cleaning + Immunization w/ Killed Vaccine + Rabies Immunoglobulin (Passive-Active Immunity)

-mech = travels to CNS via **Retrograde movement** (Dynein Motors) up nerve axons after binding to ACh receptors

-**Progression = Fever, Malaise → Agitation, Photophobia, Hydrophobia, Hypersalivation → Paralysis, Coma → Death**

-Infxn commonly from bat, Raccoon, Skunk Bites > Dogs

Yellow Fever:

-Flavivirus (Arbovirus) transmitted by **Aedes Mosquito** (monkey/human reservoir)

-Sxs = High Fever, Black Vomitus, Jaundice, Hemorrhage, Backache

-**Councilman Bodies (Eosinophilic Apoptotic Globules) on Liver biopsy**

-Flavi = "Yellow, Jaundice"

Ebola Virus:

-Filovirus

-incubation period of up to **21 days** → abrupt onset flu-like sxs, diarrhea, vomiting, high fever, myalgias

→ **DIC, Diffuse Hemorrhage, Shock**

-ddx = RT-PCR within 48 hrs of sxs onset

-High mortality rate

-Transmission requires direct contact w/ bodily fluids, fomites (dead bodies), infected bats/primates

-high incidence of Nosocomial infxn

-Supportive care, no definitive tx

-Vaccination of contacts

Zika Virus:

-Flavivirus (**Aedes Mosquito**)

-sxs = conjunctivitis, low-grade pyrexia, itchy rash

-DDx w/ RT-PCR or serology

-more common in tropical/subtropical climates

-Sexual + Vertical Transmission

-Miscarriage

-Congenital Zika Syndrome:

- **Ventriculomegaly**
- **Subcortical Calcifications**

-Characteristic Features:

1. **Microcephaly**
2. **Ocular Anomalies**
3. **Spasticity/Seizures**

Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2):

-Novel (+) ssRNA coronavirus causing Covid-19 pandemic

-Respiratory droplet + aerosol transmission

-Mech = **host cell entry via Viral Spike Protein to Angiotensin-Converting Enzyme-2 (ACE2) Receptor on cell membranes**

-Clinical course varies (often asymptomatic)

- Common = Fever, dry cough, SOB, Fatigue
- Anosmia (loss of smell), Dysgeusia (Altered taste)
- Severe = Respiratory failure, Hypercoagulability, shock, organ failure, death

-RF for poor outcomes = age, obesity, DM, HTN, CKD, Cardiopulmonary illness

-ddx = RT-PCR (most common); Antigen + Antibody tests are available

-Tx for Hospitalized pts = Remdesivir (Nucleoside Analog), Convalescent Plasma, Dexamethasone (for Cytokine storm)

Hepatitis Viruses:

-ALL = fever, jaundice, ALT/AST

-Naked Virus = HAV, HEV (both hit the gut) "The vowels hit the bowels" (b/c not destroyed by Gut b/c no envelope)

-HBV DNA Polymerase has DNA and RNA dependent activities;

- Entry into cell Nucleus → polymerase completes partial dsDNA
- Host RNA Polymerase transcribes mRNA from viral DNA to make Viral proteins
- DNA Polymerase then Reverse transcribes viral RNA to DNA

-HCV lacks 3'-5' exonuclease activity → no Proofreading ability → antigenic variation of HCV envelope proteins (Host antibody production lags behind production of new mutant strains of HCV)

1. HAV:

-RNA Picornavirus

-Fecal/oral (Shellfish, travelers, day care)

-Short incubation (weeks)

-Acute / Self-Limiting (Adults), Asymptomatic (Children)

-Good prognosis

-No HCC risk

-Biopsy = Hepatocyte Swelling, Monocyte infiltration, councilman bodies

-no carrier state

2. HBV:

-DNA Hepadnavirus

-Parenteral (Blood), Sexual (Bed), Perinatal (Birth) transmission

-Incubation = Months

-Initially like serum sickness (fever, arthralgias, rash) but can progress to carcinoma

-Adults → mostly full resolution; neonates have worse prognosis

-HCC Risk

-Biopsy = Granular eosinophilic "ground glass" appearance due to accumulation of surface antigen within infected hepatocytes (cytotoxic T cells Mediate Damage)

-Carrier State is common

3. HCV:

-RNA Flavivirus

-Primarily blood ((IV drugs, posttransfusion) transmission

-may progress to Cirrhosis + Carcinoma

-Most develop stable, chronic Hepatitis C

-HCC risk

-Biopsy = Lymphoid aggregates w/ focal areas of macrovesicular steatosis

-Carrier State very common

4. HDV:

- RnA Deltavirus
- parenteral, sexual perinatal transmission
- Superinfection (HDV after HBV) = short; Coinfection (HDV w/ HBV at same time) = Long
- Similar to HBV sxs
- Superinfection → Worse prognosis
- HCC risk
- Biopsy similar to HBV
- Defective virus depends on **HBV HBsAg coat for entry into hepatocytes**

5. HEV:

- RNA Hep Virus
- Fecal/oral (waterborne) transmission
- Short incubation (weeks)
- sxs = Fulminant Hepatitis w/ Expectant (Pregnant) pts
- High mortality in pregnant pts
- no HCC risk (also HAV)
- Biopsy = Patchy necrosis
- Enteric, Epidemic, no carrier state, Endemic Regions

Extrahepatic Manifestations of HBV, HCV:

-HBV = Aplastic Anemia, Membranous GN > MPGN, Polyarteritis Nodosa

-HBC:

- Essential mixed Cryoglobulinemia
- risk of B-cell NHL
- ITP
- Autoimmune Hemolytic anemia
- MPGN > Membranous GN
- Leukocytoclastic vasculitis
- Sporadic porphyria cutanea tarda, lichen planus
- risk of DM, Autoimmune Hypothyroidism

Hepatitis Serologic Markers:

- Anti-HAV (IgM)** = (+) acute HAV
- Anti-HAV (IgG)** = (+) indicates prior HAV infxn/vaccination

- HbsAg** = (+) HepB infection (found on surface of HBV)
- Anti-HBs** = antibody to HbsAg ((+) indicates immunity to HBV due to vaccination or recovery from infxn)
- HBcAg** = antigen associated w/ core of HBV
- Anti-HBc** = antibody to HBcAg
 - IgM = acute/recent infxn (may be the only (+) marker during the window period)
 - IgG = prior exposure or chronic infection
- HBeAg** = secreted by infected hepatocyte into circulation (Not part of mature HBV virion) → indicating active Viral Replication + therefore high transmissibility + poorer prognosis
- Anti-HBe** = Antibody to HBeAg (indicates low transmissibility)

- Acute HBV** = (+) HBsAg, (+) HBeAg, Anti-HBc (IgM)
- Window** = (+) Anti-HBe, Anti-HBc (IgM)
- Chronic HBV (High infectivity)** = (+) HBsAg, (+) HBeAg, Anti-HBc (**IgG**)
- Chronic HBV (Low infectivity)** = (+) HBsAg, (+) Anti-HBe, Anti-HBc (IgG)
- Recovery** = (+) Anti-HBs, (+) Anti-HBe, Anti-HBc (IgG)
- Immunized** = (+) **Anti-HBs**

HIV:

- Diploid genome (2 molecules of RNA)
- 3 Structural genes;
 - **Env (gp120 and gp41)**
 - Formed from cleavage of gp160 to Form envelope glycoproteins
 - **gp120 = attachment to host CD4+ T-cells**
 - **gp41 = fusion + entry**
 - **Gag (p24, p17):**
 - P24 = Capsid proteins
 - P17 = matrix proteins
 - **Pol:**
 - **Reverse transcriptase**
 - **Integrase**
 - **Protease**
- RT synthesizes dsDNA from genomic RNA; dsDNA integrates into host genome
- Virus binds CD4 and coreceptor (CCR5 on macrophages during early infection, or CXCR4 on T cells during late infection)
- Homozygous CCR5 Mutation = Immunity**
- Heterozygous CCR5 mutation = slower course**

HIV Diagnosis:

- HIV-1 or HIV-2 Ag/Ab immunoassays
- detects viral p24 Ag capsid protein and IgG Abs to HIV-1/2
- AIDS = occurs when CD4+ count ≤ 200 or HIV (+) w/ AIDS defining condition (Pneumocystis pneumonia)

Time Course:

-4 Stages of Untreated Infection;

1. **Flu-like (Acute)**
2. **Feeling Fine (Latent)** - Virus replicating in Lymph nodes*** (HIV Viral Load decreases considerably but begins to rise as CD4+ counts falls)
3. **Falling Count**
4. **Final Crisis**

Common-Diseases of HIV-Positive Adults:

- CD4+ cell count → reactivation of past infections (TB, HSV, Shingles), dissemination of bacterial infections, and fungal infections (Coccidioidomycosis), and Non-Hodgkin Lymphomas (PCNSL)

CD4+ < 500:

1. **Candida Albicans = Oral thrush** (scrapable white plaque, pseudohyphae)
2. **EBV = Oral Hairy Leukoplakia** (Unscrapable white plaque on Lateral Tongue)
3. **HHV-8 = Kaposi Sarcoma** (perivascular spindle cells invading + forming vascular tumors on histology)
4. **HPV = Squamous Cell Carcinoma (SCC)** at sites of sexual contact (most commonly Anal, Cervix, Oropharynx)

CD4+ < 200:

1. **Histoplasma Capsulatum** = fever, weight loss, fatigue, cough, SOB, N/V/D (Oval yeast cells within macrophages)
2. **HIV Dementia** = cerebral atrophy
3. **JC Virus (Reactivation) = Progressive Multifocal Leukoencephalopathy (PML)** (Nonenhancing Areas of Demyelination on MRI)
4. **Pneumocystis Jiroveci = Pneumocystis Pneumonia (PCP)** (Ground-Glass opacities)

CD4+ < 100:

1. Aspergillus Fumigatus = Hemoptysis, pleuritic pain, cavitation and infiltrates on imaging

2. Bartonella spp = Bacillary Angiomatosis (multiple red to purple papules or nodules), Biopsy w/ Neutrophilic predominance

3. Candida Albicans (Esophagitis)

4. CMV = CREEP, Intracellular "Owl-Eye" Inclusion Bodies

- **Colitis**
- **Retinitis** (Cotton-Wool Spots)
- **Esophagitis** (Linear Ulcers)
- **Encephalitis**
- **Pneumonitis**

5. Cryptococcus Neoformans (Meningitis) = encapsulated yeast on India Ink Stain or (+) Capsular antigen

6. Cryptosporidium spp = chronic watery diarrhea, acid-fast oocysts in stool

7. EBV = B-cell Lymphoma (Non-Hodgkin Lymphoma, CNS Lymphoma), CNS Lymphoma (Singular Ring-enhancing Lesion - vs. Toxo(multiple))

8. Mycobacterium Avium Complex (MAC) = nonspecific systemic sx (Fever, Night sweats, weight loss) or Focal Lymphadenitis

- Most commonly seen CD4+ < 50

9. Toxoplasma Gondii = Brain abscesses (Multiple Ring-enhancing lesions on MRI)

Prions:

-conversion of normal (predominantly α -helical) protein (PrP^c) to β -pleated form (PrP^{sc}) → resisting protease degradation + facilitates conversion of more PrP^c to PrP^{sc}

-Causes Spongiform Encephalopathy, Dementia, Ataxia, Startle myoclonus, death

-Creutzfeldt-Jakob Disease = rapidly progressive dementia, typically sporadic

-Bovine Spongiform Encephalopathy = "Mad Cow Disease"

-Kuru = acquired prion disease from human cannibalism

Microbiology Systems:

Normal Flora Dominant:

-Skin = *S. epidermidis*

-Nose = *S. epidermidis*; colonized by *S aureus*

-Oropharynx = Viridans group streptococci

-Dental Plaque = *S mutans*

-Colon = *B fragilis* > *E. coli*

-Vagina = *Lactobacillus* (colonized by *E Coli* and Group B strep- *Agalactinae*)

Bugs causing Food-Borne Illness:

-*B cereus* = reheated rice

-*C botulinum* = canned foods (toxins), raw honey (spores)

-*C perfringens* = reheated meat

-*E coli* (O157:H7) = undercooked meat

-*Listeria Monocytogenes* = Deli meats, soft cheeses

-*Salmonella* = Poultry, meat, eggs

-*Staph Aureus* = meats, mayonnaise, custard, preformed toxin

Bloody Diarrhea:

-*Campylobacter* = comma/S-shaped organisms (growth at 42C)

-*Entamoeba. Histolytica* = Protozoa, Amebic Dysentery, liver abscesses (eats RBCs)

-Enterohemorrhagic *E. coli* (EHEC) = O157:H7 causing HUS (Shiga Toxin)

-Enteroinvasive *E coli* (EIEC) = invades colonic mucosa

-*Salmonella* (non-typhoidal) = lactose (-) Flagellar motility; has animal reservoir, especially poultry/eggs

-*Shigella* = Lactose (-), very low ID50, produces Shiga Toxin; Human Reservoir only; bacillary dysentery

Watery Diarrhea:

-*C. Diff* = Pseudomembranous colitis (Abx - Clinda/PPis)

-*C. Perfringens* = gas gangrene

-Enterotoxigenic *E coli* (ETEC) = "Traveler's Diarrhea" producing Heat-Labile (LT) and Heat Stable (ST) toxins

-Protozoa (*Giardia*, *Cryptosporidium*)

-*V. Cholerae* = Comma shaped, rice-water diarrhea (infected seafood)

-Viruses = Norovirus (most common in developed world), Rotavirus, Enteric Adenovirus

Pneumonia Groups:

1. Neonates (< 4 wks)

-Group B Strep (*Agalactiae*)

-*E. Coli*

2. Children (4wk-18 yo):

-Viruses (RSV)

-*Mycoplasma*

-*Chlamydia Trachomatis* (Infants-3 yo)

-*Chlamydia Pneumoniae* (School aged children)

-Strep *Pneumoniae*

3. Adults (18-40yo)

-*Mycoplasma*

-*C pneumoniae*

-*S pneumo*

-Influenza

4. Adults (40-65yo):

-Strep *pneumo*

-*H influ*

-Anaerobes

-Viruses

-*Mycoplasma*

5. Elderly:

-strep *pneumo*

-Influenza

-Anaerobes

-*H influenzae*

-Gm (-) Rods

-Alcohol Overuse = *Klebsiella*

-IV drug use = Strep *pneumo*, Staph *Aureus*

-Aspiration = Anaerobes

-Atypicals = *Mycoplasma*, *Chlamydia*, *Legionella*, Viruses (RSV, CMV, Influenza, Adenovirus)

-CF = *Burkholderia cepacia*

-Postviral = Strep *pneumo*, Staph *aureus*, *H. Infl*

-COPD = strep *pneumo*, staph *aureus*, *M. Cat*, *Pseudomonas*

Meningitis:

-Ceftriaxone + Vanc empirically (add Ampicillin if Listeria suspected)

-Viral = Coxsackievirus, HSV-2 (HSV-1 = Encephalitis), HIV, West Nile Virus (also Encephalitis), VZV
-HIV? Cryptococcus Spp

Newborns (0-6 months): -Group B strep (Agalactiae) - decreased due to better awareness and ppx Abx -E coli -Listeria	Children (6m-6 yo): -Strep pneumo -N meningitidis -H influenzae Type B -Group B Strep -Enterovirus
6-60 yo: -Strep pneumo -N meningitidis -Enteroviruses -HSV	60+: -Strep pneumo -N meningitidis -H influenzae Type B -Group B Strep -Listeria

	Bacterial	Fungal/TB	Viral
Opening pressure			-/
Cell Type	PMNs	Lympho	Lympho
Protein			-/
Glc			Normal

Osteomyelitis:

-Assume **Staph Aureus** (most common overall)
-Sexually active = neisseria gonorrhoeae
-Sickle Cell = salmonella, staph aureus
-Vertebral Involvement = Staph, M tuberculosis (Pott Disease)

UTIs:

-Cystitis = dysuria, frequency, urgency, suprapubic pain, WBCs in urine (not casts); often due to ascension of microbes from urethra to bladder (ascension to kidneys causes Pyelonephritis - fever, chills, flank pain, CVA tenderness, hematuria, WBC Casts)
-RF = Obstruction(stones, BPH), Female, kidney surgery, catheterization, congenital GU malformation (Vesicoureteral Reflux), DM, Pregnancy
-(+) Leukocyte Esterase = WBC activity in urine
-(+) Nitrite Test = Reduction of Urinary Nitrates by Gm(-) bacterial species (E Coli)

-Bugs:

- **E Coli** = MOST COMMON (Pink-lactose fermenting colonies on MacConkey Agar)
- **Staphylococcus Saprophyticus** = #2 most common (esp Young sexually active females)
- **Kleb Pneumo** = #3 most common (large mucoid capsule)
- **Serratia marcescens** (red pigments - often nosocomial and drug resistant)
- **Enterococcus**
- **Proteus Mirabilis** = "swarming" on agar; struvite stones (pH) from Urease Production
- **Pseudomonas Aeruginosa** = blue-green fruity odor

Common Vaginal Infections:

1. Bacterial Vaginosis:

-no inflammation, thin, white discharge w/ Fishy odor
-Clue Cells, (+) KOH whiff test, pH > 4.5
-Tx = Metronidazole or Clinda

2. Candida Vulvovaginitis:

-Inflammation, Thick, white, "Cottage Cheese" discharge
-Pseudohyphae, NORMAL pH (<4.5)
-Tx = Fluconazole

3. Trichomans Vaginitis:

-Inflammation (**Strawberry Cervix**), Frothy, Yellow-Green foul-smelling discharge
-Motile pear-shaped trichomonads
-pH > 4.5
-Tx = Metronidazole + Tx Partners too (STI)

TORCHHS Infections:

-pass from mother to fetus (either transplacentally or vaginal delivery (especially HSV-2)
-Nonspecific Findings = Hepatosplenomegaly, Jaundice, Thrombocytopenia, Growth Restriction
-Important "non-TORCH" infections that cause Meningitis in Neonates:

- **Streptococcus Agalactiae (Group B Strep)**
 - **E. coli**
 - **Listeria Monocytogenes**
- Parvovirus B19 = Hydrops Fetalis

Toxoplasmosis Gondii:

-cat feces /ingestion of undercooked meat (avoid cats in pregnancy)

-Usually asymptomatic in mother

-Neonate Triad:

- **Chorioretinitis**
- **Hydrocephalus**
- **Intracranial Calcifications**
- **+/- Blueberry Muffin rash**

Rubella:

-Respiratory droplet transmission

-Maternal = Rash, Lymphadenopathy, Polyarthrits

-Neonatal Triad:

- **Cataracts**
- **Deafness**
- **Patent Ductus Arteriosus (PDA)**
- **+/- Blueberry Muffin rash**

Cytomegalovirus (CMV):

-Sexual contact, organ transplant transmission

-Maternal = asymptomatic (or Mono-Like Sxs)

-Neonate:

- **Hearing Loss (Deafness)**
- **Seizures**
- **Petechial Rash**
- **Blueberry Muffin Rash**
- **Chorioretinitis**
- **Periventricular Calcifications****

HIV:

-Sexual contact, needlestick

-Mother = presentation depends on CD4+ count

-Neonate = Recurrent Infections, Chronic Diarrhea

Herpes Simplex Virus-2 (HSV-2):

-Skin or mucous membrane contact

-Maternal = usually asymptomatic (Herpetic Vesicles)

-Neonate = **Meningoencephalitis, Herpetic Lesions**

Syphilis:

- Sexual contact transmission
- Maternal = Chancre (Primary), Disseminated Rash (Secondary) - 2 stages that likely results in fetal infection
- Neonate:
 - Often Stillbirth → Hydrops Fetalis
 - If Child Survives = facial abnormalities (Notched Teeth, Saddle Nose, Short Maxilla), Saber Shins, CN VIII Deafness

Nosocomial Infections:

- Antibiotic use = C. diff
- Aspiration (AMS, Old Age = Polymicrobial (Anaerobes or Grm (-))
- Decubitus Ulcers/Surgical Wounds = Staph aureus, Grm (-) Anaerobes (Bacteroides, Prevotella, Fusobacterium)
- Urinary Catheterization = Proteus, E coli, Kleb (PEcK)
- Water Aerosols = Legionella

Pelvic Inflammatory Disease (PID):

- Bugs = **Chlamydia Trachomatis + Neisseria Gonorrhoeae**
- Chlamydia Trachomatis = most common bacterial STI in USA
- sxs = Cervical Motion tenderness, Adnexal Tenderness, Purulent Cervical Discharge
- PID may include **Salpingitis (risk for Ectopic Pregnancy, Infertility, Chronic Pelvic Pain, Adhesions)**, Endometritis, Hydrosalpinx, Tubo-ovarian Abscess
- Fitz-Hugh-Curtis Syndrome** = Infection + inflammation of Liver Capsule and **“Violin String”** Adhesions of Peritoneum to Liver

Red Rashes of Childhood:

1. Hand-Foot-Mouth Disease:

- Coxsackievirus Type A
- Oval-shaped vesicles on Palms/Soles + Vesicles/ulcers in oral mucosa (Herpangina)

2. Roseola (Exanthem Subitum):

- HHV6
- Asymptomatic rose-colored macules appear on body after several days of High fever (Febrile Seizures - usually affecting infants)

3. Measles (Rubeola):

- Measles Virus
- Confluent rash beginning at head + moving down; preceded by cough, coryza, conjunctivitis, blue-white (**Koplik**) Spots on Buccal Mucosa

4. Rubella:

- Rubella Virus
- Pink macules + papules; Start at head, move down but remain discrete → Fine desquamating truncal rash
- Postauricular lymphadenopathy

5. Erythema Infectiosum “Slapped Cheek Dx” (Fifth Disease)

- Rash on face
- Parvovirus B19 (ssDNA)
- Hydrops Fetalis in Pregnant Pts

6. Chicken-Pox:

- Varicella-Zoster Virus
- Vesicular rash begins on Trunk → spreads to face + extremities w/ lesions of different stages

7. Scarlet Fever:

- Streptococcus Pyogenes
- SCARLET:
 - Sore throat
 - Circumoral Pallor
 - group A strep
 - Rash (sandpaper-like from neck to trunk and extremities)
 - Lymphadenopathy
 - Erythrogenic Toxin
 - Strawberry Tongue (also Kawasaki Vasculitis)

Sexually Transmitted Infections:

1. Chancroid

- painful genital ulcer w/ exudate, inguinal adenopathy
- Haemophilus Ducreyi**
- “It’s so painful you DO CRY”

2. Chlamydia

- Chlamydia Trachomatis (D-K)
- Urethritis, Cervicitis, Epididymitis, Conjunctivitis, Reactive Arthritis, PID

3. Condylomata Acuminata:

- Genital Warts
- Koilocytes
- HPV-6 + 11

4. Genital Herpes:

- Painful penile, vulvar, cervical vesicles and ulcers (can cause systemic sxs such as Fever, HA, Myalgia)
- HSV-2 > HSV-1

5. Gonorrhea:

- urethritis, cervicitis PID, Prostatitis, Epididymitis, Arthritis, Creamy purulent discharge
- Neisseria Gonorrhoeae

6. Granuloma Inguinale (Donovanosis):

- Klebsiella (Calymmatobacterium) Granulomatis
- Cytoplasmic “Donovan Bodies” (Bipolar Staining)
- Painless, BEEFY red ulcer that bleeds readily on contact

7. HBV = jaundice

8. Lymphogranuloma Venereum (LGV):

- Chlamydia Trachomatis (L1-L3)
- Infection of lymphatics; painless genital ulcers, painful lymphadenopathy (Buboes)

9. Syphilis = Treponema Pallidum

- Primary = painless chancre
- Secondary = Fever, Lymphadenopathy, skin rashes, condylomata lata
- Tertiary = Gummas, Tabes Dorsalis General Paresis, Aortitis, Argyll Robertson Pupil

10. Trichomoniasis:

- Trichomonas Vaginalis
- Vaginitis, strawberry cervix, Motile in Wet prep

Antibiotics:

PCN G, V:

- PCN G (IV/IM), PCN VK (Oral),
- mech = D-ala-D-ala structural analog (Binds PBPs = Transpeptidases)
 - Blocking transpeptidase cross-linking of peptidoglycan in cell wall
 - Activates autolytic enzymes
- Spirochetes (T. Pallidum) = DOC for Syphilis
- Bactericidal
- sxs = Hypersensitivity rxns, (+) Coombs Hemolytic Anemia, Drug-induced Interstitial Nephritis
- R = B-lactamase cleaves B-lactam ring, changes in PBP

Penicillinase-Sensitive PCNs: "AminoPCNs"

-Amoxicillin, Ampicillin

- mech = same but wider spectrum of action (combine w/ clavulanic acid to protect against destruction by B-lactamases)
- Use = H influ, H pylori, E coli, Enterococci, Listeria, Proteus, Salmonella (kills enterococcus)
- ADRs = HSR, rash, pseudomembranous colitis
- R = penicillinase cleaving ring

Dicloxacillin, Nafcillin, Oxacillin:

- Penicillinase-resistant PCNs
- Narrower spectrum; but bulky R-group blocks access of B-lactamase to B-lactam ring
- use = Staph aureus (no MRSA)
- sxs = HSR, Interstitial Nephritis
- R = MRSA has altered PBP protein target site

Piperacillin, Ticarcillin:

- "Antipseudomonal PCNs"
- Extended spectrum, penicillinase sensitive, use w/ B-lactamase inhibitors
- HSR rxns

B-Lactamase Inhibitors:

- Clavulanic Acid, Avibactam, Sulbactam, Tazobactam
- added to PCN antibiotics to protect from B-lactamases
- Amox-Clav (Augmentin), Ceftaz-Avibactam (Avycaz), Amp-Sulb (Unasyn), Pip-Taz (Zosyn)**

Cephalosporins:

- Mech = B-lactam drugs inhibits cell wall synthesis but are less susceptible to penicillinases
- Bactericidal
- Not covered = Listeria, Atypicals (Chlamydia, Mycoplasma), Enterococci***
- Sxs = HSR, autoimmune hemolytic anemia, disulfiram-like rxns, Vitamin K def
- Low rate of cross-reactivity even in PCN-allergic pts**
- nephrotoxicity of aminoglycosides

1. Cefazolin, Cephalexin:

- Grm (+) Cocci, Proteus, E. coli, Kleb
- Cefazolin used prior to surgery to prevent Staph aureus wound infections

2. Cefaclor, Cefoxitin, Cefuroxime, Cefotetan:

- Grm (+), H flu, Enterobacter, Neisseria, Serratia, Proteus, E coli, Kleb

3. Ceftriaxone, Cefotaxime, Cefpodoxime,

Ceftazidime, Cefixime:

- serious Grm (-) infections resistant to other B-lactams
- cross BBB
- Ceftriaxone = great for meningitis, gonorrhea, disseminated lyme disease
- Ceftazidime = Pseudomonas

4. Cefepime:

- Grm (-) organisms, w/ activity against pseudomonas
- + grm (+) organisms

5. Ceftaroline:

- broad grm (+) and grm (-) coverage
- Added MRSA and Enterococcus Coverage***
- Loses Pseudomonas Coverage

Carbapenems: Doripenem, Imipenem, Meropenem, Ertapenem

- Mech = Imipenem is broad spectrum, B-lactamase resistant carbapenem (Always given w/ **Cilastatin** - Inhibitor of **Renal Dehydropeptidase I**) to inactivation of drug in renal tubules
- sxs = **Seizures (Least w/ Meropenem)**, GI distress, rash
- R = inactivated by Carbapenemases produced by Kleb pneumo (KPC), E Coli, E aerogenes

Aztreonam:

- less susceptible to B-lactamases
- prevents peptidoglycan cross-linking by binding to **PBP-3**
- Synergistic w/ Aminoglycosides**
- No cross-allergenicity w/ PCNs**
- Grm (-) rods ONLY = no activity against grm (+) rods or anaerobes

Vancomycin:

- mech = inhibits cell wall peptidoglycan formation by binding D-Ala-D-ala portion of Cell wall precursors
- Bactericidal (static against C diff)
- Not susceptible to B-lactamases
- use = Grm (+) bugs only (MRSA, Strep epidermidis, Enterococcus, C diff)
- Red man Syndrome** = diffuse flushing rxn (histamine mediated) nonimmunogenic response to infusion rate
- Nephrotoxicity, Ototoxicity, Thrombophlebitis, DRESS Syndromes**
- R = amino acid modification of D-ala-D-ala to D-ala-D-Lac (Enterococcus - VRE)

Protein Synthesis Inhibitors:

- targeting small bacterial ribosome (70S = 30S + 50S)
- All are Bacteriostatic (except Aminoglycosides + Linezolid)

30S Inhibitors = Aminoglyc + TCNs

50S Inhibitors = Chloramphenicol, Clinda, Erythromycin (Macrolides), Linezolid

"buy AT 30, CCEL at 50"

Aminoglycosides:

- Gentamicin, Neomycin, Amikacin, Tobramycin, Streptomycin**
- Bactericidal (Irreversible inhibition of initiation complex through binding of 30S → misreading of mRNA + blockage of translocation)
- Requires O₂ for uptake*** (NOT effective against Anaerobes)
- Severe grm (-) rod infections, Synergistic w/ B-lactam Antibiotics
- Neomycin for Bowel Surgery
- ADR = **Nephrotoxicity, Neuromuscular Blockade** (Contraindicated in Myasthenia Gravis), **Ototoxicity** (esp. w/ Loops), **Teratogenicity**
- R = bacterial transferase enzymes inactivate

Tetracyclines: Doxycycline, TCN, Minocycline

- 30S = prevent attachment of aminoacyl-tRNA
- limited CNS penetration
- Doxycycline is fecally eliminated can used in pts w/ Renal failure
- Chelation = antacids, milk, iron-preps (blocking absorption of drug)
- Borrelia Burgdorferi, Mycoplasma pneumonia (drugs ability to accumulate intracellularly makes them very effective against Rickettsia/Chlamydia)
- Doxy = CA-MRSA
- sxs = GI distress, Teratogenic (Discoloration of teeth, bone growth restrictions), Photosensitivity
- R = uptake, efflux (Plasmid-encoded transport pumps)

Tigecycline:

- TCN derivative = binds 30S inhibiting protein synthesis
- Bacteriostatic
- Broad-spectrum anaerobic, grm (-) and (+) coverage
- MRSA, VRE coverage

Chloramphenicol:

- Blocks Peptidyl Transferase at 50S ribosomal subunit
- Bacteriostatic
- Use = rickettsial diseases + Meningitis (H flu, Neisseria mening, strep pneumo)
- sxs = Anemia (dose dependent), aplastic anemia, Gray Baby Syndrome (if Lacking UDP-Glycucuronosyltransferase)

Clinda:

- blocks peptide transfer (Translocation) of 50S ribosome
- Bacteriostatic
- Anaerobic infxns (Bacteroides, clostridium, strep pyogenes - Group A strep)
- "Tx anaerobic infections above diaphragm, vs. Metronidazole treating anaerobic below"**
- risk of Pseudomembranous Colitis (C. diff)

Linezolid:

- Binding of 50S, preventing formation of initiation complex
- grm (+) species including MRSA, VRE
- Bone marrow suppression (Thrombocytopenia), Peripheral neuropathy, Serotonin Syndrome (MAOI activity)

Macrolides: Azithro, Clarithro, Erythro

- inhibit protein synth via blockade of Translocation ; bind to 23S rRNA of 50S ribosomal subunit
- Bacteriostatic
- Atypical coverage (Mycoplasma, Chlamydia, Legionella)
- sxs:
 - GI motility issues (Constipation)
 - Arrhythmias (prolonged QT interval)
 - Acute Cholestatic Hepatitis
 - Rash
 - Eosinophilia
- conc of Theophylline + oral anticoagulants (Erythro/Clarithro inhibit CYP3A4)
- R = methylation of 23S rRNA-binding site prevents drug binding

Polymyxins: Colistin (Polymyxin E), Polymyxin B

- Cation polypeptides that bind to phospholipids on cell membrane of Grm (-) Bacteria → disrupt cell membrane integrity → leakage of cellular components → cell death
- Salvage therapy for MDR grm (-) bacteria (pseudomonas, E coli, KPC)
- Nephrotoxicity, Neurotoxicity** (slurred speech, weakness, paresthesias), respiratory Failure

Sulfonamides: Sulfamethoxazole (SMX), Sulfisoxazole, Sulfadiazine

- mech = inhibit **Dihydropteroate Synthase** (inhibiting folate synthesis)
 - Accumulation of PABA + Pteridine
- Bacteriostatic alone (bactericidal w/ Trimethoprim)
- use = Grm (+), (-), nocardia
- sxs = HSR rxns, Hemolysis if G6PD deficient, Nephrotoxic (Tubulointerstitial Nephritis), Photosensitivity, SJS, Kernicterus in infants, Displace other drugs from albumin (Warfarin)

Dapsone:

- similar to Sulfonamides, structurally distinct agent
- Leprosy + Pneumocystis jirovecii ppx
- Hemolysis if G6PD deficient, Methemoglobinemia, Agranulocytosis

Trimethoprim:

- inhibits bacterial **dihydrofolate reductase**
- Bacteriostatic
- used w/ SMX to also block folate synthesis
- sxs = **Hyperkalemia**, Megaloblastic anemia, leukopenia, granulocytopenia (Marrow Toxic)

Fluoroquinolones: Cipro, Resp = Moxi, Levo

- inhibit prokaryotic enzyme Topoisomerase II (DNA Gyrase) and Topoisomerase IV
- Bactericidal
- Avoid Antacids
- Grm (-) rods of urinary and GI tracts (including pseudomonas) + grm (+) organism (otitis externa)
- Sxs = GI upset, Superinfections, Skin rashes, HA, dizziness (Leg cramps/Myalgias)
- Tendon Rupture** (esp > 60 yo, taking prednisone)
- Contraindicated during Pregnancy or Breastfeeding and children < 18 y due to possible damage to cartilage (QTc prolongation)
- R = mutation in DNA gyrase, plasmid-mediated resistance, Efflux pumps

Daptomycin:

- Lipopeptide that disrupts cell membranes of Grm (+) Cocci by creating transmembrane channels
- MRSA, VRE
- NO Pneumonia b/c inactivated by Lung Surfactant**
- sxs = Myopathy, Rhabdomyolysis (CK)**

Metronidazole:

- Forms toxic free radical metabolites in bacterial cell that damage DNA (Bactericidal, Antiprotozoal)
 - Giardia, Entamoeba, Trichomonas, Gardnerella Vaginalis, Anaerobes (Bacteroides, C diff), Triple Therapy for H pylori if PCN allergy
 - Tx anaerobic infxn below the diaphragm vs. Clinda which is above the diaphragm**
 - ADRs = Disulfiram-Rxns (Severe flushing, Tachycardia, Hypotension) w/ Alcohol, HA, Metallic Taste
-

AntiMycobacterial:

- TB = ppx w/ Isoniazid, tx w/ RIPE
- M avium-intracellulare = ppx w/ Azithro, Rifabutin, Tx w/ Azithro/clarithro + ethambutol
- M Leprae = Tx w/ Dapsone, Rifampin, Clofazimine

-Isoniazid = blocks mycolic acid synthesis

-Ethambutol = arabinogalactan synthesis (Arabinosyl Transferase inhibition)

-Rifabutin/Rifampin = mRNA synthesis (DNA-dependent RNA polymerase inhib)

-Pyrazinamide = Intracellular (unknown)

Rifamycins:

- Inhibit DNA-dependent RNA Polymerase
- 4 Rs'

- RNA Polymerase inhibitor
- Ramps up Microsomal CYPs (Inducer)
- Red/Orange Body Fluids
- Rapid Resistance if used alone

-Hepatotoxicity

Isoniazid:

- synth of mycolic acids (bacterial Catalase-peroxidase (KatG gene) needed to convert INH to active form
- sxs = **Hepatotoxicity**, CYP Inhibition, DILE (SLE), Anion gap metabolic acidosis, Vitamin **B6** Deficiency (**peripheral neuropathy, sideroblastic anemia**), Seizures
- Give w/ B6 (Pyridoxine)

Pyrazinamide:

- works best at acidic pH (in host phagolysosomes)
- Hyperuricemia + Hepatotoxic

Ethambutol:

- Carbohydrate Polymerization of mycobacterium cell wall by blocking Arabinosyltransferase
- Optic Neuropathy (red-green color blindness, irreversible)**

Antifungals:

1. Terbinafine = Lanosterol Synthesis
2. Azoles = Ergosterol Synthesis
3. Echinocandins = Cell wall synthesis
4. Polyenes (Ampho/Nystatin) = Cell Membrane Integrity
5. Flucytosine = Nucleic Acid Synthesis

Amphotericin B:

- mech = binds Ergosterol + forms membrane pores that allow leakage of electrolytes
- Cryptococcus, blastomyces, coccidioides, Histoplasma, Candida, Mucor
- Fever/chills (Shake and Bake), Hypotension, Nephrotoxicity, Arrhythmias, anemia, IV phlebitis
- "Amphoterrible"
- Liposomal Ampho Toxicity (hydration nephro)

Flucytosine:

- inhibits DNA and RNA biosynthesis by conversion to 5-FU by cytosine deaminase
- Cryptococcus = in combo w/ Ampho
- Bone Marrow Suppression

Azoles: Clotrimazole, Fluconazole, Isavuconazole, Itraconazole, Ketoconazole, Miconazole, Voriconazole

- mech = inhibit fungal sterol (Ergosterol) synthesis via inhibition of CYP450 enzymes that convert lanosterol to ergosterol
- sxs = Testosterone synthesis inhibition (Gynecomastia - Ketoconazole), Liver Dysfunction, Drug Intxns

Terbinafine:

- inhibits fungal enzyme **Squalene Epoxidase** (preventing synthesis of Lanosterol)

Echinocandins: Anidulafungin, Caspofungin, Micafungin

- mech = inhibit cell wall synthesis via blocking Synthesis of **B-glucan**
- DOC for Invasive Aspergillus, Candida infxns

- Griseofulvin** = interferes w/ microtubule function; disrupts mitosis (Deposits in Keratin-containing tissues)
- Teratogenic, Carcinogenic, Confusion, HA, Disulfiram-Rxns, Warfarin metabolism

Permethrin/Malathion = AChE Inhibitors

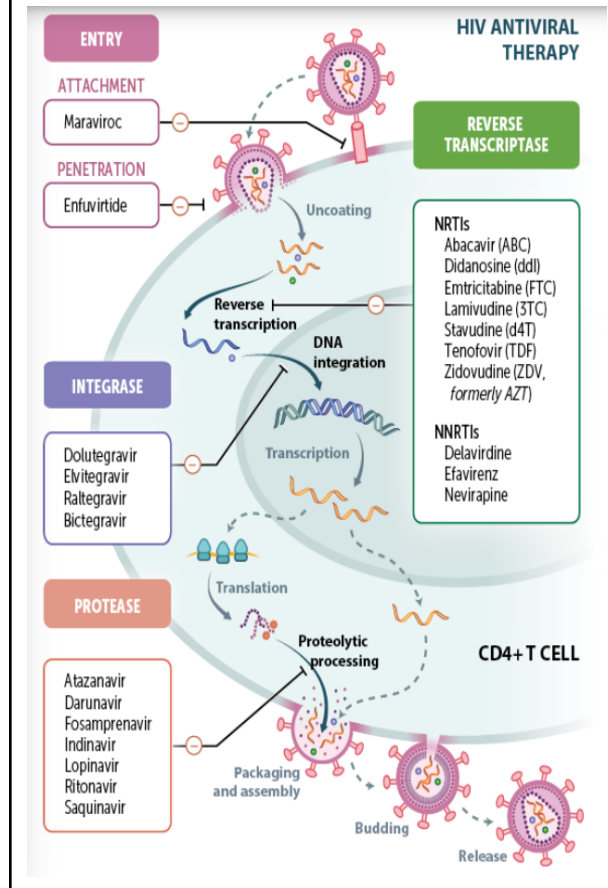
Chloroquine:

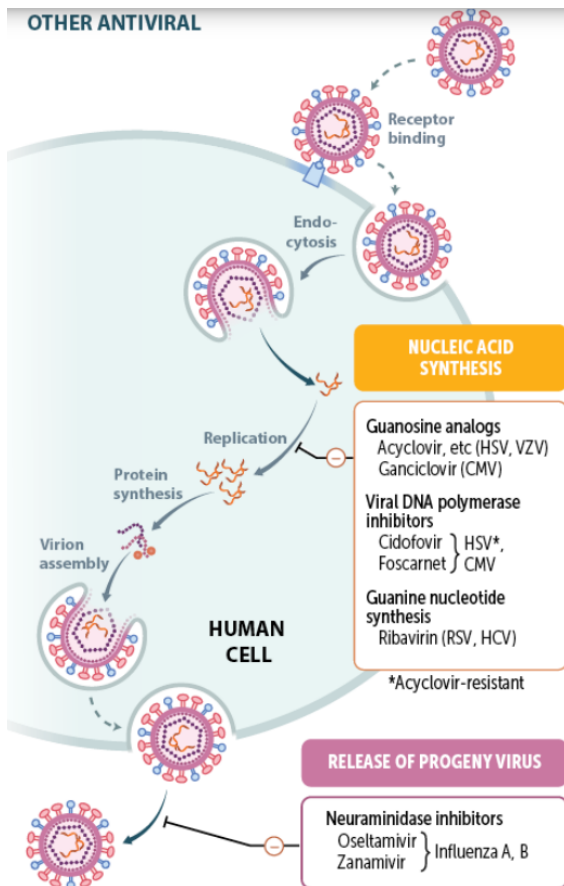
- blocks detoxification of heme into hemozoin (Heme accumulates and is toxic to plasmodia)
- Tx Malaria (Plasmodium Falciparum)
- Retinopathy, Pruritus

Pyrantel, Ivermectin, Mebendazole = Microtubule inhibitor to treat "bendy worms")

Praziquantel = ca²⁺ permeability → vacuolization

Antivirals:





Oseltamivir, Zanamivir:

-Neuraminidase Inhibitors (preventing Influenza Viral progeny release from host)
 -begin therapy within 48 hrs of sxs onset to shorten illness duration

Baloxavir:

-mech = Inhibits "Cap Snatching" endonuclease activity of influenza virus RNA polymerase → viral replication
 -Tx within 48 hrs

Remdesivir:

-Prodrug of an ATP analog → active metabolite inhibits viral RNA-dependent RNA polymerase and evades proofreading by viral exoribonuclease (ExoN) → viral RNA production

Acyclovir, Fanciclovir, Valacyclovir:

-**Guanosine Analogs** = monophosphorylated by HSV/VZV Thymidine Kinase (NOT phosphorylated in infected cells) → few adverse effects
 -Triphosphate formed by cellular enzymes (preferentially inhibit viral DNA polymerase by chain termination)
 -use = HSV, VZV (no EBV, CMV)
 -sxs = Obstructive Crystalline Nephropathy + AKI

Ganciclovir:

-Guanosine Analog (5'-monophosphate formed by CMV viral Kinase), Triphosphate formed by cellular kinases (preferentially inhibits viral DNA polymerase)
 -use = CMV (esp. If immunocompromised)
 -Valganciclovir (prodrug) w/ better oral Bioavail
 -sxs = Bone marrow suppression (leukopenia, neutropenia, thrombocytopenia), renal toxicity

Foscarnet:

-Viral DNA/RNA Polymerase inhibitor + HIV RT inhibitor (Binds to **Pyrophosphate-binding** site of enzymes) (Does not require any kinase activity)
 -Pyrophosphate analog
 -CMV retinitis in immunocompromised pts when Ganciclovir fails
 -sxs = Nephrotoxicity, electrolyte abnormalities (hyperphos, hypoK+, / Ca2+, hypomag), seizures

Cidofovir:

-inhibits viral DNA polymerase (Does not require phosphorylation by viral kinase)
 -CMV retinitis in immunocompromised pts (acyclovir-resistant HSV)
 -Long t1/2
 -Sxs = Nephrotoxicity (give w/ Probenecid/ IV saline to tox)

HIV Therapy:

-regimens consist of 3 drugs to prevent resistance; 2 NRTIs + Integrase Inhibitor
 -Most ARTs are active against both HIV-1 and HIV-2 (NNRTIs and Enfuvirtide is NOT active w/ HIV-2)

1. Entry Inhibitors:

Enfuvirtide = gp41 (inhibiting viral entry - Fusion inhib)

Maraviroc = CCR5 binding on T-cells/Macrophages inhibiting interaction w/ gp120 (inhibits Docking)

2. NRTIs:

-Competitively block nucleotide binding to RT and Terminate the DNA chain (lack a 3'-OH group)
 -Tenofovir is a NucleoTide, others are NucleoSides
 -All need to be phosphorylated to become active
 -**Zidovudine** = useful in pregnancy to fetal transmission
 -sxs = Bone Marrow Suppression (give G-CSF/Epo), Peripheral Neuropathy, Lactic Acidosis (nucleosides), Anemia (Zidovudine)

- **Abacavir (HLA-B*5701 - Fatal Rash)**
- **Emtricitabine**
- **Lamivudine**
- **Tenofovir (TAF, TDF)**
- **Zidovudine**

2. NNRTIs:

-mech = bind to RT at site different from NRTIs
 -DO NOT require phosphorylation to be active or complete w/ other natural Nucleotides
 -sxs = Rash, Hepatotoxicity, Vivid Dreams/CNS sxs (Efavirenz)

- **Delavirdine**
- **Efavirenz**
- **Nevirapine**

3. Integrase Inhibitors: "-gravir"

-Inhibits HIV genome integration into host cell chromosomes (inhibiting HIV Integrase)

- sxs = Creatine Kinase
- **Bictegravir**
- **Dolutegravir**
- **Elvitegravir**
- **Raltegravir**

4. Protease Inhibitors: "-navir"

-Assembly of virions depends on HIV-1 protease (pol gene), which cleaves polypeptide products of HIV mRNA into their functional parts
 -Protease inhibitors prevent Maturation of new Viruses
 -**Ritonavir** = Boosts other drugs by inhibiting CYPs
 -sxs = Hyperglycemia, GI intolerance (N/D), Lipodystrophy (Cushing-Like Sxs)
 -Rifampin (potent CYP inducer) reduces protease inhibitor concentrations

- **Atazanavir**
- **Darunavir**
- **Lopinavir**
- **Ritonavir**

Hepatitis C Therapy:

-Chronic HCV infection treated w/ Multidrug therapy

NS5A Inhibitors: “-asvir”

-blocks NS5A (viral phosphoprotein needed for RNA replication)

- **Ledipasvir**
- **Ombitasvir**
- **Velpatasvir**

NS5B Inhibitors: “-buvir”

-Inhibits NS5B (RNA-dependent RNA polymerase; by acting as a chain terminator) → preventing viral replication

- **Sofosbuvir**
- **Dasabuvir**

NS3/4A Inhibitors: “-previr”

-Inhibits NS3/4A (viral protease) preventing viral replication

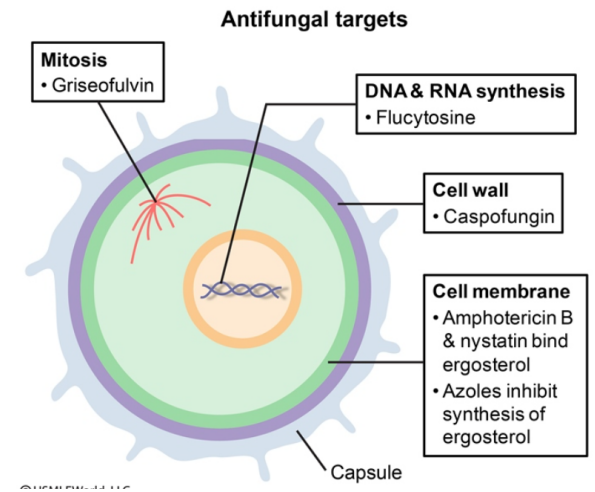
- **Grazoprevir**
- **Simeprevir**

Ribavirin:

-inhibits synthesis of guanine nucleotides by competitively inhibiting IMP dehydrogenase
-sxs = Hemolytic anemia + Severe Teratogen

Pregnancy ABx to avoid:

- Sulfonamides = Kernicterus
- Aminoglycosides = Ototoxicity
- Fluoroquinolones = Cartilage damage
- Clarithromycin = embryotoxicity
- TCNs = Discolored teeth, bone growth issues
- Ribavirin = Teratogenic
- Griseofulvin = teratogenic
- Chloramphenicol = Gray Baby Syndrome



References:

1. **Le, Tao and Bhushan, Vikas.** First Aid for the USMLE Step 1 2021, Fourteenth edition. New York: McGraw-Hill Education, 2021.